

ADVANCEMENTS ANNOUNCED

Sports

**INSIDE
THE**

CLIPPER

VOL 10 NO 2

*Urology Clinic

*S/C Jim Shadden

*VIEWPOINT: Nurses
and Corpsmen

*Physician's
Assistant's
Needed

*Navy Relief
Rolls On

*And the hits
keep on comin'!

The February 1976 advancement cycle was completed in April with the announcement of the test results. Most of the hopefuls were disappointed, but there were a few bright spots in the form of selectees. They were:

For HM2: HM3 Sherry Arnold
HM3 Dean Barnhart
HM3 Curt Hankammer
HM3 Doug Stephens

For HM1: HM2 Larry Wiggins

For IC1: IC2 Dennis Cornell
IC2 Harry Fisher

The deadline for completion of requirements for the August exam has already passed. However the February 1977 cycle deadline is November 1 this year, allowing six months for completion of requirements and preparation.

April was a busy month for the sports enthusiasts at the Regional Medical Center. Basketball, bowling, and softball occupied most of the staff's reative attention, and the summer ahead already has plans taking shape.

In the basketball scene, the Spirits of '76 took the NAS championship and were appropriately honored by the hospital. On April 22 they were feted at a steak dinner, and April 23 saw awards made for the Most Valuable Player, Most Valuable Defensive Player, and the player with the highest field goal percentage. Earl "Cornbread" Ramsey won the MVP and the field goal awards with Dean "Dream" Powell picking up MVP for defense. And on April 27 Captain Barker presented the team with the base championship trophy.

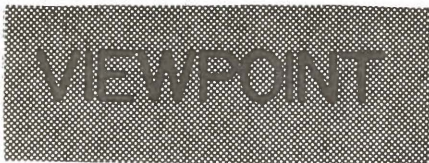
(See SPORTS, page 4)



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We are now entering a time of year full of anniversaries. May 13 the Navy Nurse Corps turns 68, and in June the Hospital Corps becomes a ripe old 78. The importance of the anniversaries lies in the record of both Corps'.

The United States Navy Nurse Corps has aided the sick and injured not only of the Navy but also of civilians affected by natural disaster. NC officers have won Purple Hearts and served under the most difficult situations imaginable. The working environment depicted by TV's M*A*S*H isn't that fanciful; many nurses today recollect similar experiences.

The Hospital Corps neatly complements the nurses in both training and purpose. Trained for the assessment and treatment of the acutely injured, corpsmen go where no one else does. The main purpose of the Corps, as evidenced by history, is to save lives in a situation that is dedicated to kill. Corpsmen have a legacy as the most-decorated group in the American military. They are the most likely to take risks that no one else will in order to save lives. Nor have they limited their skills to allies. More than a few of the opposing forces have received aid from Navy Hospital Corpsmen.

The traditions of both the Nurse Corps and the Hospital Corps impose strong demands on present members to uphold the standards of care the Medical Department is famous for. The diversification of both organizations; nurse practitioners on the one hand, transplant technicians on the other, are really tools to aid in the accomplishment of the goals of the profession.

In Honored Glory

Memorial Day ceremonies on May 31 at the Tomb of the Unknown Soldier in Arlington, Va., National Cemetery will have added significance this Bicentennial year as the Nation honors more than one million Americans who have died in battle throughout our country's 200-year history.

Since the Tomb of the Unknown Soldier was erected in 1921, the nationwide observance of Memorial Day has centered increasingly around the simple marble monument which is inscribed, "Here rests in honored glory an American soldier known but to God." Interred at the site are unknown Servicemembers from World War I, World War II and the Korean War; there have been no unidentified military dead from the Vietnam War. This year, as in the past, the President of the United States or his representative will lay a wreath at the tomb in the name of the American people.

The idea for an unknown soldier's tomb goes back to antiquity. Not far from Athens is the Cerameicus, or street of tombs, which is the only ancient cemetery now extant in Greece. Histories recount that at that cemetery the famous statesman Pericles delivered an oration in ringing phrases over the unknown Athenian soldiers who

were killed in the first year of the Peloponnesian War. Inspiration for creating the U.S. Tomb of the Unknown Soldier came from the creation of similar tombs for unknown soldiers in Great Britain and France just after World War I.

When the U.S. Tomb of the Unknown Soldier was dedicated on November 11, 1921, Associated Press reporter Kirke L. Simpson described the ceremonies: "All day long the Nation poured out its heart in pride and glory for the nameless American. Before the first crash of the minute guns began the knell for the dead from the shadow of the Washington Monument, the people who claim him as their own were trooping out to do him honor . . . They flowed like a tide over the slopes about the burial place. They choked the bridges that lead across the river . . ."

There are other lesser-known tombs of unknown soldiers in the U.S. dating from our country's early history. Tombs of unknown Revolutionary War soldiers are located behind the Old Meeting House in Alexandria, Va., and in Washington Square, Philadelphia, Pa. At Balls Bluff, Va. the smallest U.S. national cemetery and site of a Civil War battle, there is a semi-circle of 23 tombstones, 22 of them to unknown dead. And not far from the Tomb of the Unknown Soldier site in Arlington National Cemetery is a monument to 2,000 Confederate unknown dead interred there.

The nationally-dedicated Tomb of the Unknown Soldier, however, has come to represent all of America's unknown war dead, and to serve as a reminder of the many U.S. Servicemembers who have died in battle at home and abroad. A foreign visitor to the U.S., after returning home, recounted his impressions at the Tomb of the Unknown Soldier for a local publication:

"The picture of the Honor Guard at the Tomb of the Unknown Soldier in Washington came back to mind. Again, I could see the moved faces of the women, men and children who were watching the changing of the

SECURITY CAMERAS PURCHASED

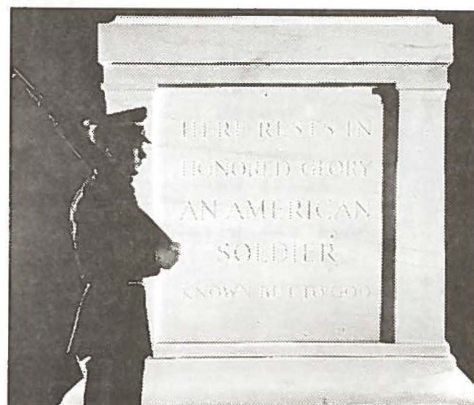
Operations Management recently purchased two new low-light television cameras for use in the hospital security system.

The Panasonic cameras are ultra-sensitive to light, and will be used to scan the parking areas and both BEQ's at the Medical Center 24 hours per day. This added protection should serve to discourage vandalism of private and government property. They operate at a light level of 0.05 foot-candles (which is less than the human eye) and are equipped with 15mm to 150mm telescopic zoom lenses. It is possible for the camera to "see" using only starlight, but all areas will be illuminated with artificial light for extra clarity. Coincidentally, the new equipment, purchased in the Bicentennial year, is valued at exactly \$1776.00.

The cameras currently being used to survey the outside areas will be re-located to various strategic areas within the building, thus improving the security of the entire NRMC complex.

guard. I saw once more the long rows of gravestones and saw once more the huge fields of white crosses of the American cemeteries in Europe."

Not only on Memorial Day but throughout the year, a military honor guard keeps constant vigil at the Tomb of the Unknown Soldier, a vigil in honor of all those in uniform who, "known but to God," made the supreme sacrifice in our Nation's defense.



Tomb of the Unknown Soldier, Arlington National Cemetery.

Urology Clinic

Urology is the branch of medicine that deals exclusively with the male and female urinary tract and the male reproductive system. It is one of the more specialized fields in medicine.

As a specialty service, the Urology Clinic at the Regional Medical Center has a limited clientele. However, it should be noted that the limited number of patients seen in no way limits the workload of the clinic. Usually about 70 outpatients are seen in any given week in addition to inpatient services.

Staffing for the clinic is surprisingly small for the sophistication and complexity of the procedures involved. LCDR D. D. Peterson is the urologist, followed by technicians HM2 Duane Farnham and HM3 Sherry Arnold. HM3 Lawrence Holmes provides support as a general service corpsman. HM3 Arnold is the first and only female urology technician assigned to Navy Memphis since the first hospital was built.

The clinic follows a rigid schedule for the week's events. Monday mornings are spent with female patients with the afternoons devoted to pediatrics. Tuesdays are reserved for surgical procedures and Wednesdays are for exclusively active duty patients. A large majority of the clinic's patients are dependants or retired. Thursdays and Fridays are reserved for dependents and retired patients with vasectomies performed on Friday afternoons.

The urology field deals with a wide variety of conditions, affecting the genito-urinary system, and the diagnostic and therapeutic techniques used occupy the full time and talents of the people working in the NRMC Urology Clinic.



EDUCATION

Navy and civilian personnel interested in furthering their education, whether it be vocational, associate, baccalaureate, or graduate, can do so through off-duty education courses. The Navy Memphis complex is fortunate to have five schools; Shelby State Community College, State Technical Institute, Memphis State University, University of Arkansas, and Pepperdine University, providing off-duty education courses in the evenings.

Year round classes are conducted on the base with the Summer Session 1976 being the next term available for enrollment. Information concerning registration is usually included in the schedule of classes. Memphis State has scheduled registration for the summer term on May 25, 1976 at 1800 in Duggan Hall (S-750), with Shelby State and State Tech having registration during the month of June.

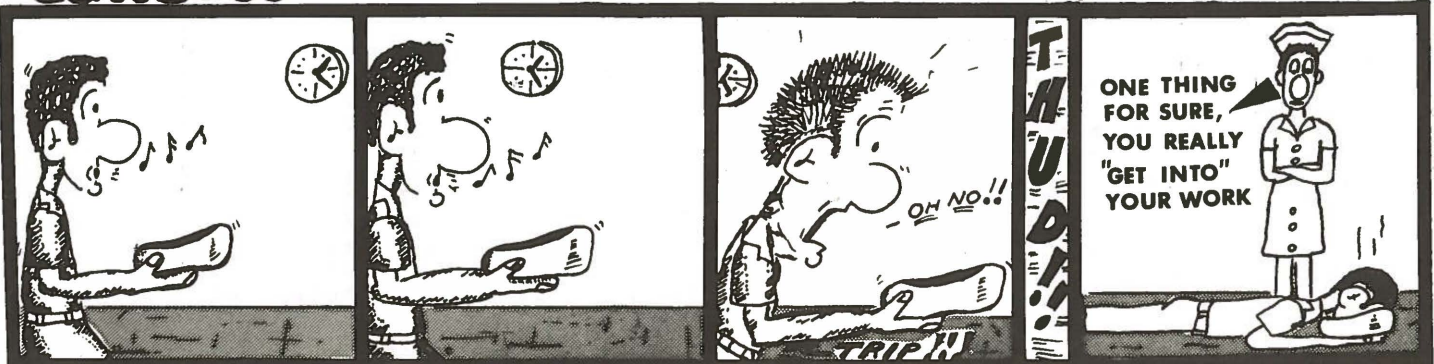
Cost of the off-duty courses vary according to fees set by the individual institutions. To help defray the cost of each course, active duty personnel are eligible for tuition assistance. Under the tuition assistance plan the Navy will pay 75% of the tuition cost for each course leaving 25% for the individual to pay.

Contrary to rumors being circulated, there is adequate tuition assistance for the summer term here at Navy Memphis. An individual need only apply for assistance.

For information concerning admission requirements, class schedules and available programs contact Fred Jackson, NCFA Advisor, in the hospital Education Office, room 325. The NCFA Advisor is available from 0800 to 1630 Monday through Friday, or call 5847.

CORPSZOO

by Mark Smith



"quote"

There are periods of our lives when we seem to move purposely toward achieving our goals and the satisfactions that come from achieving them. Our values are solid, our ideals are high. We are secure within the circle of our friends and families. Then, for some unaccountable reason, our world seems to come apart. Our friends desert us or just wander away, our loved ones become angry or alienated, our jobs become boring, our superiors unbearable, and the activities we used to really enjoy seem to lose any attraction. We try to put our finger on what has gone wrong. Were our values really meaningful? Were our goals realistic? Why have ideals when the rest of the world gets along without them quite well?

We become depressed and tired, anxious, and tense. Some how we have to find harmony, purpose, and security again. We turn to friends, counselors, doctors, and ministers. If they can't seem to help us we, in desperation, begin to experiment. We may dabble in far eastern and exotic philosophies, the occult, the mystical and the quixotic. We go from one promise to another possibility, ever more disappointed, ever more frustrated because there is no all fulfilling, totally satisfying answer to our craving.

What we have gone through is a common human experience. When we go full circle, we find that our original goals, values, and ideals still hold. They may have evolved and expanded because in our search we have grown and matured. We have come to know ourselves more intimately, our strengths and weaknesses, our talents and abilities, our moments of failure and inadequacy. Too often our last resort, in desperation, has been God, when perhaps it should have been our first. Our security is in knowing ourselves, and having meaningful relationships with others, but our ultimate sense of enduring happiness is being close to Him. "Come unto Me, all who labor and are heavy laden, and I will give you rest.

Chaplain Cardon

SENIOR CORPSMAN

Jim Shadden

Contrary to occasional rumor, the neuropsychiatric ward (3 East) is not staffed by the fringes of humanity. The staff is composed of some sensible, talented people who have one of the most subtle nursing roles in medicine; reaching the minds of their patients instead of the bodies. Senior among these corpsmen is HM3 James Shadden.

Jim was born in Center, Texas, near the Louisiana border on December 21, 1948. He enlisted in the Navy in 1969 after completing one year of college. Six months after "A" school he received orders for NP school in Philadelphia. He graduated in April of 1970.

Jim left the Navy for nearly a year in 1974-75, during which time he worked for the Joslin Diabetes Foundation in Boston as a surgical assistant. He returned to his naval career in 1975 because, he says, he just plain liked it. Needless to say, Jim plans to make the Navy a career, and is presently in hopes of being assigned to MST school.

In the meantime, his duties as a senior corpsman occupy a great deal of his energies. Unlike the other medical and surgical wards, 3E requires that the senior corpsman take a major role in the therapy of each patient. The doctors are available for group therapy twice per week, and the other sessions are lead by HM3 Shadden. He also leads the staff groups, another distinctive feature of 3E. Above all, the corpsman's job on 3E is to observe!

The types of patients on the ward are sometimes different from the mainstream. They are, for the most part, students from the local school commands who cannot or don't want to adjust to the pressures placed on them so quickly after the relatively sheltered life they lead in boot camp. The age of the patients is a contributing factor, as well as the occasional incidence of drug abuse. The therapeutic effort in such cases is to relieve the strain and to help the patient to adjust to future stresses. Coordinating the efforts of the staff toward this goal is the senior corpsman's most important job.

But Jim's life is not all psychiatry. He is happily married and the father of two children; Michele, 4, and LeeAnna,

age four months. His wife Mary Jane is well adjusted to Navy life and enthusiastically agrees with his career orientation. Incidentally, Jim met his wife while stationed at the now-defunct Naval Hospital Chelsea, in the Boston area.

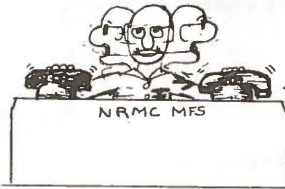


(SPORTS, con't from page 1)

Intramural bowling involved people from both the hospital proper and the branch clinic. Two leagues were operated under the watchful eye of HMC Rewalt; one on Monday night and one on Wednesday. The Monday night league finished with team #4, Carolyn Barger, Beverly Murray, Michael T. Young, and Ed Murray, at the top with a 63 1/2 and 32 1/2 season performance. The Wednesday night league concluded its season with team #3 from the branch clinic finishing 36 and 16. Members of this team were HMCM Grobelieben, HMC Bacon, HMC Gamble, HMC Lewandowski, HM1 Meyer, HN Shipley, HN Guidry, and HN Roberts. Second place was captured by MSC + 1.

The softball season at the NRMCM will officially kick off in May with eight teams playing in the intramural league. Advance reports indicate that the CPO's team will be attempting to duplicate its record of last year (for information concerning exactly what that record was, ask your nearest Chief). The summer game schedule and team standings will be published in the next Clipper.

FRONT DESK



There is an area in the hospital that everyone sees, everyone over-rates, and no one appreciates. The "front desk" is one of the busier places in the hospital.

Permanently staffed by three hospital corpsmen, the desk is the central information center for the building. They handle most of the incoming calls and route them to the appropriate offices and clinics. Answering questions over the phone isn't always as easy as it sounds. The questions range from the serious to the bizarre. Serious questions may be about visiting hours, a patient's ward, or the number of a clinic. The bizarre calls usually ask about what movie is playing at the Gold Theatre, what the NAS galley is serving for dinner, or even what hops are available from the airstrip. Most of the bizarre calls are due to the bold-lettered GENERAL INFORMATION heading for the desk in the base telephone directory. Callers sometimes do not realize that the desk is general information for only the NRMC and not Navy Memphis.

Three people man the desk during normal working hours. HM3 Doug Stephens is in charge with HM3 Jim Schoreder and HM3 Tim Sullivan filling out the billets.

The official duties of the desk are simple enough; answer questions over the phone, monitor ambulance calls, provide the secondary ambulance crew, keep an updated locator file on staff and patients, maintain the Chief of the Day logbook, monitor fire calls and the NAS Weather phone. The job does NOT include giving medical advice over the phone, giving information about activities other than the NRMC, or releasing the addresses and phone numbers of staff members.

On Mondays and Fridays the desk may handle as many as 250 calls due to patients being admitted and other patients being discharged. On the average, 75 to 150 calls are taken each day an average of 14 per hour.

All in all, the desk manages to keep busy, and performs an extremely necessary function for the Regional Medical Center.

Navy Relief Continues

The 1976 Navy Relief Fund Drive seems, at the Medical Center at least, to be more energetic than last year's campaign. The money-raising functions this year are varied. Planned for May is a "pet rock" race under the guidance of "rock promoters" LT J. D. Knight and HN James Irvan. Each "pet" entered will be classified as "boulders" or "pebbles" depending on size or weight. Another kind of competition is bound to be more lively than the rocks. Four lobsters, each equipped with pictures of Captains Lehman, Barker, Furmanchik, and Bingham will be in the running. No date has been set for that since the originator, LT Ryder of Food Service is still trying to find a proper way to build a starting gate for the Crustacean Extravaganza (EDITOR'S NOTE: Reliable sources indicate that a lobster, when fully aroused by a full moon, fierce competition, 16 feet of seawater, and a lady lobster, can exceed 3 feet per hour.

But the best is still to come. And its name is "HM3 Sullivan presents LCDR Riddel's Incredible Dunking Machine". Volunteers for the exhibition, to be held May 14, include LCDR Riddel, LCDR Parnell, LCDR Ruud and Chief Master-At-Arms HMCS Davis. Captain Barker, in addition to "backing" a lobster, has agreed to sit on the machine if Captain Furmanchik will.

In addition to the above festivities, roller skating parties and bake sales are being planned. Other activities are still in the planning stage but one definite incentive is the awarding of a 96 hour liberty to the keyman selling the most tickets. A repeat performance of last year's very successful ball game is being planned. "The Great Navy Relief Softball Extravaganza II" is expected to be played in late May or early June. And LCDR O'Brien of Supply is sponsoring an egg throwing contest for any of you interested in breaking the current world's record of 303 feet 6 inches. No firm date for that fragile event has been announced as yet.

When you consider the cause, Navy Relief, having fun giving money (and hopefully electing Paulette Brown) is a doubly good idea.

Physician Assistants

The Bureau of Prisons Health Services has developed a formal training program to train physician's assistants. The first 12 months of the curriculum consists of lectures and clinical instruction at the Medical Center for Federal Prisoners. The second 12 months are conducted in another Federal Prison under the preceptorship of a local physician.

The minimum prerequisites for acceptance into the training program are:

1. Experience in the health care field similar to the level attained by military corpsmen.
2. High school diploma or G. E. D. equivalency.
3. Final acceptance requires a security clearance.

For those interested in the Bureau of Prisons Physician Assistance Training Program, application forms are available at most U. S. Post Offices. Request U. S. Civil Service announcement letter no. 355 and Standard Form no. 171.

The only expenses in the training program are normal living expenses. There is no tuition or book fees. Housing is not provided. The GS-6 salary the first year (approximately \$9,000) and the GS-8 salary the second year (approximately \$11,000) provides a unique opportunity to allow each student to spend fulltime in a learning situation.

Blue Stew





Softball

Season Begins

Pictured on the left is Captain Lehman throwing out the first ball of the 1976 softball season, with Cisco Rincon waiting with poised bat. Thus far, the teams have been acquitting themselves well, with surprisingly good play from team #7, the NRMC Officers, who last year suffered frequent losses.

The schedule at left shows each team's number and game schedule, as well as the basic league rules. Since the games are scheduled after normal working hours, there is little to prevent anyone from watching their favorite team in action.

TEAM NUMBER

1- CPO's
2- MISFITS
3- OR
4- OP MGMT SERVICE

TEAM NUMBER

5- WILLIS HALL
6- ENT
7- NRMC OFFICERS
8- NRMC #8

TIME	MON 3 MAY	TUES 4 MAY	WED 5 MAY	THURS 6 MAY	MON 10 MAY
1530	5-6	4-7	8-6	1-7	2-6
1700	3-8	2-1	3-4	2-5	4-1

TIME	TUES 11 MAY	WED 12 MAY	THURS 13 MAY	MON 17 MAY	TUES 18 MAY
1530	5-3	2-3	8-4	1-3	4-2
1700	7-8	6-1	7-5	5-8	6-7

TIME	WED 19 MAY	THURS 20 MAY	MON 24 MAY	TUES 25 MAY	WED 26 MAY
1530	1-8	2-7	1-5	7-3	3-8
1700	4-5	3-6	6-4	8-2	5-6

TIME	THURS 27 MAY	MON 31 MAY	TUES 1 JUN	WED 2 JUN	THURS 3 JUN
1530	2-1	HOLIDAY	3-4	2-5	4-1
1700	4-7	HOLIDAY	8-6	1-7	2-6

TIME	MON 7 JUN	TUES 8 JUN	WED 9 JUN	THURS 10 JUN	MON 14 JUN
1530	7-8	6-1	7-5	5-8	6-7
1700	5-3	2-3	8-4	1-3	4-2

TIME	TUES 15 JUN	WED 16 JUN	THURS 17 JUN	MON 21 JUN
1530	4-5	3-6	6-4	8-2
1700	1-8	2-7	1-5	7-3

1. Games will be played on the NRMC field
2. Games will be at 1530 and 1700, with a forfeit time of 15 minutes.
3. The winning team is responsible for reporting game results.
4. A team that forfeits two times will be dropped.

HINTS ABOUT THE BELOW WARNING: It has to do with Navy Relief, and it's going to be very big.

WARNING

YOU MAY HAVE THOUGHT THAT THE BATTLE OF THE CENTURY HAS ALREADY TAKEN PLACE. YOU MAY HAVE BEEN TOLD THAT THE GREATEST CONTEST IN THE HISTORY OF MANKIND IS OVER. WELL, IT'S NOT. BUT IT'S COMING IN JUNE. IT'S ON ITS WAY!

WATCH OUT FOR IT!